

timeout for You



Skin Management Centre®



NEWSLETTER

June 2011

Skincare Myths

by the Timeout for You Team

Myth: I use lip balm so much that now I'm addicted.

Truth: According to Tracey, it depends on the ingredients in the lip balm. 'You can become reliant on some products, but you need to check what is in your lip balm because a lot of lip balms have petroleum based ingredients which exacerbates your dry lip problem.'

Myth: If I wash my face before I go to bed, I don't have to wash it again in the morning. It's already clean.

Truth: Day and night our skin cells shed and the secretions of oil and sweat continue. 'Oil, sweat and skin cells along with environmental pollutants collect on our skin during the night as well as the day. Our pillows are also dirty with grime from our hair, so cleansing is an important part of our beauty regime morning and night,' says Beth.

Myth: Makeup suffocates my skin.

Truth: 'Some thick make-up can be suffocating,' says Michelle. 'Remember, your skin needs to breathe. That's why mineral makeup are becoming so popular - they not only look good but are also beneficial to the skin.'

This being said, your skin is continually nourished from the oxygen and nutrients carried in the blood; no measurable amount of oxygen is absorbed from the outside air.

\$125



Hot Product of the Month!

circuit weapon
10% vitamin C therapy

Sircuit Weapon™ is powerful stuff, formulated with concentrated botanicals designed to help encourage a more youthful, radiant appearance. In the colder weather, your skin needs protecting against broken capillaries from too warm showers and heating, Circuit Weapon™ improves your skins resilience and tone. Put the power of science on your side reviving your skins clarity only to look younger and more beautiful as the result. Now who wouldn't want that?

How To Use:

Sircuit Weapon™ is a daily mega dose of Vitamin C to help encourage a more youthful cellular regeneration. Can be applied after cleansing, and before or after misting. Drop a small amount into the palm of your hand, rub your hands together and gently smooth over your face and neck (safe for eye area as well, but be gentle). Your complexion will thank you! Especially effective for smoothing out the texture of your skin. Do not use more than once a day. Also, do not overuse....this is powerful stuff.

Great News!

Finally, the **new formula blinc Lash Primer** has landed.

The blinc lash primer was developed with **two objectives** in mind: **eyelash treatment and enhancement**. Whether your lashes are tiny and required a larger base to work with, in need of conditioning or you are simply looking for incredible **volume and length**, blinc Lash Primer delivers it all. Created by blinc to complement blinc mascara, it provides a greater base of volume & length for lashes, prior to applying mascara.

Benefits: blinc Lash Primer is dye-free and does not contain any fumes or fragrances that will sting or irritate eyes. It's anti-inflammatory and healing agents sooth and enhance the strength of lashes while increasing their resistance to breakage. blinc Lash Primer is also enriched with Vitamin E which nourish by replenishing and augmenting the level of Vitamin B5 in your eyelashes. blinc Lash Primer imparts long lasting moisturisation, which conditions eyelashes without any build up and helps you achieve a full, long, beautiful lash! Now that is great news!



Attention Ladies!!

EOFYS

30% off Marked Stock Items

1st - 30 June 2011

or while stocks last!

156 Waterworks Road
ASHGROVE QLD 4060
Phone: (07) 3366 8422
Fax: (07) 3366 8511

www.timeoutforyou.com.au

timeout  for You

School Holidays!!!
Spend Time Together...
Time Is So Precious....
**Mother & Daughter
Facial Package**

Serum- Enriched Facial x 2

Cleanse, tone, exfoliate, serum for pressure point facial massage, mask, finishing off with luxury eye cream, hydrating moisturiser and sun protection.

Plus absolutely FREE

- Hand Massage \$25.00 FREE
- Scalp Massage \$20.00 FREE

\$288 worth of Treatments for just \$178!!

Only available for Mother & School Age Daughter/
Son from Monday 27th June - Friday 1st July
between 10am and 3pm.

OR

Skincare Basics Workshop

Our Experienced team specialise in skin and skin care!

Learn how to properly care for your skin, with our simple but effective workshop on the basics of skin care.

Only available for School Age Daughters,
maximum of 4 participants. The workshops are 1.5
hours duration and cost \$59 each.

2 workshops to be held:

1 x Thursday 30th June 11.30am - 1pm

1 x Thursday 7th July 10am - 11.30am

Be Quick to Book only limited numbers available!!!

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