

timeout  for You

Skin Management Centre®

NEWSLETTER

March 2011

HOT PRODUCT OF THE MONTH!

'O' Cosmedics' Pure Age
Defiance Serum...

BOTOX™ ON A DRIP!

Because it's.....

- PURE Hyaluronic Acid INJECTED with V8 Peptide Complex to give your skin optimum hydration and skin YOUTH!
- PLUMPS your skin
- HYDRATES your skin
- FILLS lines and wrinkles
- ACTS as a muscle relaxant to lengthen the life of BOTOX™ or is a perfect alternative...

Vision of sophisticated beauty.

rrp **\$89.00**

this was *THE* MUST-HAVE TREATMENT *before the* **OSCARS**

If you have the luxury of being at home on the couch when **ET (Entertainment Tonight)** is aired, then you may just have seen the story featured recently on the **most requested treatment performed for the 'celebs' before the 'Oscars'**.

its none other than our favourite
combo of Microdermabrasion
+ Hydration, also know as
Microhydrabrasion!

WHAT IS IT?

Microhydrabrasion is a new generation of skin resurfacing treatment which goes one step further than microdermabrasion. Both hydrabrasion and microdermabrasion are aesthetic non-invasive techniques designed to help polish your skin, buffing away fine lines and wrinkles and helping your skin have a more youthful glow about it.

Microhydrabrasion combines microdermabrasion followed by hydration techniques to help improve your skin tone even further, and in our case, we tailor the treatment even further by infusing into your skin an 'O' Cosmedics serum to help with everything from skin tone/texture and fine-lines to serums that target break-out and acne under Max 7 LED™.

Get celeb ready skin everyday of the week at Timeout for You Skin Management Centre.

Our Microhydrabrasion + Max7 LED™ is only \$169, and can be done in a lunch break, you will be in and out within 60 mins. **What are you waiting for, the results speak for themselves.**

March Madness Sale....

During the month of March we are having a special sale on tabled items only, so be quick to get the best things first.

Week One - 4th - 10th March **10%off**

Week Two - 11th - 17th March **15%off**

Week Three - 18th - 24th March **20%off**

Week Four - 25th - 31st March **25%off**

Only while stocks last!

So what is the difference between Laser and IPL?

The public only seem to know the name of laser when it comes to high tech hair removal systems, but in fact there is laser and Intense Pulsed Light [IPL]. They are both light sources, but have distinct differences in the way the light is produced.

Lasers are monochromatic (one colour, one wavelength, one beam travelling in one direction).

IPL utilizes polychromatic composition of wavelengths (various colours, different wavelengths emitted in several directions), making IPL a more diverse treatment option.

Intense Pulsed Light can treat a wider range of hair colour than any laser can.

Many lasers have a very small spot size, only 5,10 or 12 mm. This may be adequate for small areas with shallow hairs as in an upper lip, but are not at all adequate for the deep terminal hairs found on a bikini line or a man's back.

A small spot size is also inappropriate for a large area, as it would take a long time to treat the area. Larger spots are better for body areas as they penetrate deeper to affect the hairs and also make it quicker to work through the area. At Timeout for You Skin Management Centre our Intense Pulsed Light machine has a very large spot size making it faster and more efficient, especially for bodywork.

Results

Treatment results will vary from person to person. Medical problems can affect results:

- Hormonal influences in particular
- Medication

Sometimes there is no known reason why some people get a different result to others.

Conclusion

The majority of clients are so thrilled with their results that they go on to have further treatment on other body areas.

Intense Pulsed Light is proving the better alternative to reduce hair growth in minimal sessions with the least discomfort.

The Choice Is Yours at the end of the day, the decision is yours as to whether this is the right treatment for you. Your alternatives are:

- Shaving, temporary removal requiring very regular maintenance.
- Waxing, temporary with regular maintenance.
- Plucking, temporary, very regular maintenance, can increase growth and painful.
- Doing nothing, leave the hair totally alone.

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